

Executive Packages – Age group up to 30 years old

For women below 30 years old

1. Life Style Questionnaire  
Complete physical Examination  
by Occupational Health Specialist  
Weight, Height and BMI measurement  
Blood Pressure  
Tegument examination  
ENT–routine  
Eye test and color vision  
Cardio-vascular  
Respiratory  
Digestive  
Genito-urinary  
Neuro-psychological–routine
2. CBC complete profile
3. Erythrocyte Sedimentation Rate (ESR)
4. Blood group and Rh (if not already known)
5. Fasting glucose blood level (FBS)
6. Complete lipid profile  
Total cholesterol  
Low-density lipoprotein (LDL) – Bad cholesterol  
High-density lipoprotein (HDL) - Good cholesterol  
Triglycerides
7. Hepatitis B surface antibody (HBs-Ab)
8. Hepatitis B surface antigen (HBs-Ag)
9. Serum Ca
10. Urinalysis
11. Detailed Medical Report

For Men below 30 years old

1. Life Style Questionnaire  
Complete physical Examination  
by Occupational Health Specialist  
Weight, Height and BMI measurement  
Blood Pressure  
Tegument examination  
ENT–routine  
Eye test and color vision  
Cardio-vascular  
Respiratory  
Digestive  
Genito-urinary  
Neuro-psychological–routine
2. CBC complete profile
3. Erythrocyte Sedimentation Rate (ESR)
4. Blood group and Rh (if not already known)
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Triglycerides
7. Hepatitis B surface antibody (HBs-Ab)
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9. Urinalysis
10. Detailed Medical Report