

Executive Packages - Age Group between 30 to 40 years old

For women between 30-40 years old

- Life Style Questionnaire Complete physical Examination by Occupational Health Specialist Weight, Height and BMI measurement Blood Pressure
 - Tegument examination

ENT-routine

Eye test and color vision

Cardio-vascular

Respiratory

Digestive

Genito-urinary

Neuro-psychological-routine

- 2. CBC complete profile
- 3. Erythrocyte Sedimentation Rate (ESR)
- 4. Blood group and Rh (if not already known)
- 5. Fasting glucose blood level (FBS)
- 6. Complete lipid profile
 Total cholesterol
 Low-density lipoprotein (LDL) Bad cholesterol
 High-density lipoprotein (HDL) Good cholesterol
 Triglycerides
- 7. Liver Function Tests (LFT)
 Serum Glutamic Pyruvic Transaminase (SGPT)
 Serum Glutamic Oxaloacetic Transaminase (SGOT)
 Gamma-Glutamyl Transpeptidase (GGT)
- 8. Hepatitis B surface antibody (HBs-Ab)
- 9. Hepatitis B surface antigen (HBs-Ag)
- 10. Serum Ca
- 11. Urinalysis
- 12. Blood Urea
- 13. Creatinine
- 14. Uric acid
- 15. Electrocardiogram(ECG)
- 16. Liquid Based Cytology (Pap smear)
- 17. Breast USG
- 18. Detailed Medical Report

For Men between 30 - 40 years old

- Life Style Questionnaire
 Complete physical Examination
 by Occupational Health Specialist
 Weight, Height and BMI measurement
 Blood Pressure
 Tegument examination
 ENT-routine
 Eye test and color vision
 Cardio-vascular
 Respiratory
 Digestive
- Neuro-psychological-routine
 2. CBC complete profile

Genito-urinary

- 3. Erythrocyte Sedimentation Rate (ESR)
- 4. Blood group and Rh (if not already known)
- 5. Fasting glucose blood level (FBS)
- Complete lipid profile
 Total cholesterol
 Low-density lipoprotein (LDL) Bad cholesterol
 High-density lipoprotein (HDL) Good cholesterol
 Triglycerides
- 7. Liver Function Tests (LFT)
 Serum Glutamic Pyruvic Transaminase (SGPT)
 Serum Glutamic Oxaloacetic Transaminase (SGOT)
 Gamma-Glutamyl Transpeptidase (GGT)
- 8. Hepatitis B surface antibody (HBs-Ab)
- 9. Hepatitis B surface antigen (HBs-Ag)
- 10. Blood Urea
- 11. Creatinine
- 12. Uric Acid
- 13. Urinalysis
- 14. Electrocardiogram(ECG)
- 15. Detailed Medical Report